

# about Lucy

## *Coach Wellmaker*

Lucy Wellmaker has a Master's Degree in Counseling from the University of North Carolina at Greensboro. She is a graduate of the Institute of Life Coach Training and a member of the International Coaching Federation. Lucy not only has a passion for working with people who want to improve their lives, she has the skills and the expertise to help them do it.



Lucy meets her clients where they are in life, and partners with them as they work towards their next level. She helps them discern their path, and walks with them – step by step - towards their destination. She provides the tools, the support, and the accountability to keep them moving forward.

Lucy is committed to her clients' success. Helping them explore and discover new ideas, and challenging them to take action in order to get results. She listens to her clients on a deep level and offers gentle and objective feedback. Her clients realize more of their potential, live their lives more on purpose, and find a way to create the life they love!



**Lu-cy** \lu-see\ n [Latin Origin] - means light  
1 : someone who helps you see clearer 2 : something to brighten your path ; helping you to move forward  
3 : a wellmaker ; to help you create the life you love