



Heart of the Piedmont
Chapter



The American Business Women's Association

Heart of the Piedmont Chapter

Cordially invites you to attend the

21st Annual Women's Enrichment Symposium

WHEN: Saturday, March 13, 2010 **Registration:** 8:30 a.m. **Program:** 9:00 a.m. till 1:00 p.m.

WHERE: College Park Baptist Church, 1601 Walker Avenue, Greensboro, NC

Cost is \$20 Complimentary breakfast and refreshments provided

Guest Speakers:

Lucy Wellmaker – “Create the Life You Love”

Lucy Wellmaker has a Master's Degree in Counseling from the University of North Carolina at Greensboro. She is a graduate of the Institute of Life Coach Training and a member of the International Coaching Federation. Lucy not only has a passion for working with people who want to improve their lives, she has the skills and the expertise to help them do it.

Vada Satterfield – Educator and Humorist

You will enjoy the advice and wisdom given by none other than, “Dorinda Sue Dowdy”. Be prepared to laugh and learn!

Julie Luther – “Celebrate Your Health from the Inside Out!”

This seminar will give you 3 tips to help you energize your life! Positive thinking, exercise and nutrition will all be simplified so you can achieve your optimum health and vitality.

Julie Luther is founder and President of Julie Luther's PurEnergy Health and Wellness Services and PurEnergy Fitness Center in Greensboro.

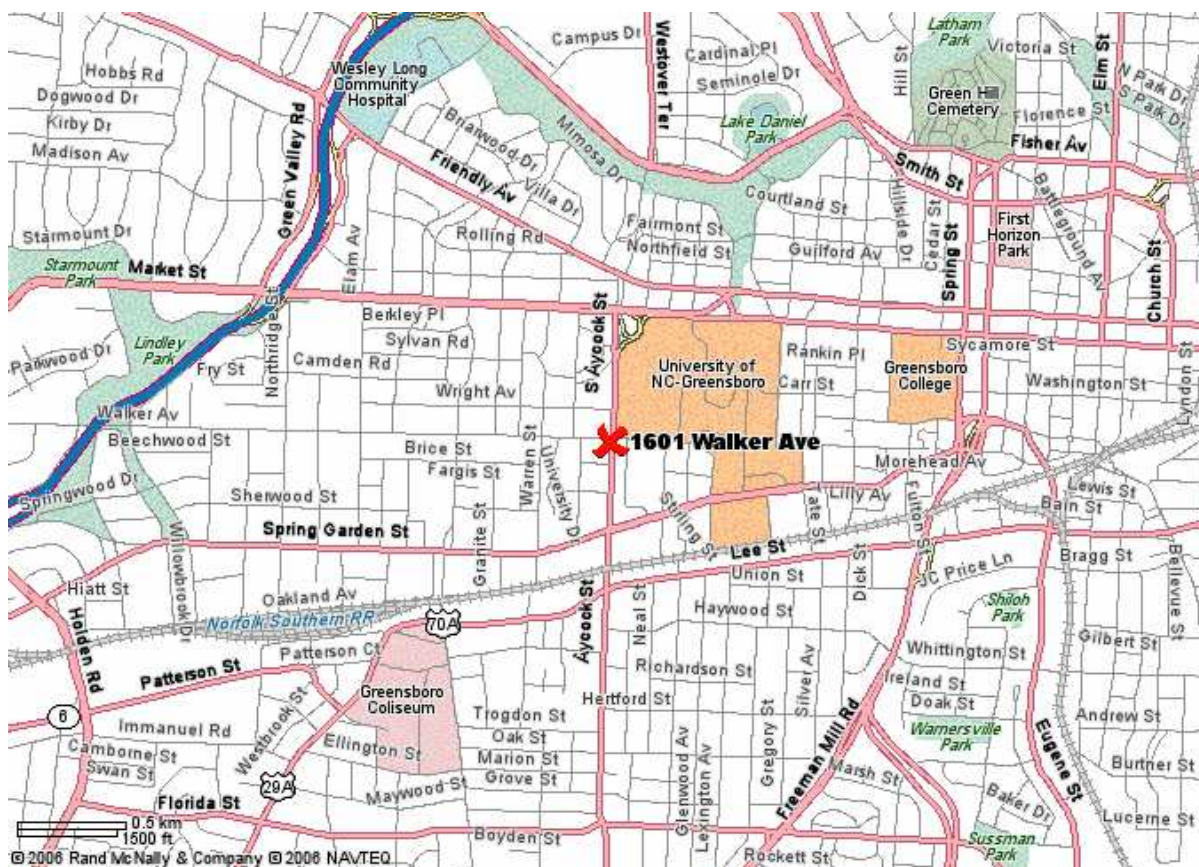
Treat yourself to a morning of networking, laughter and fun, listening to three outstanding speakers who will leave you feeling motivated and uplifted as you attend our 21st Annual Women's Enrichment Symposium. A variety of vendors will be on site so that you can enjoy some shopping throughout the morning. Don't miss a chance to participate in our ever popular Chinese Auction, as well as an opportunity to bid on some great items in our silent auction.

Visit our ABWA information table to learn more about the American Business Women's Association, it's mission and the many benefits and opportunities it offers for you to grow both personally and professionally.

Send the attached registration form to Janet Jackson, 4306 Sunnyside Drive, Greensboro, NC 27405

21st Annual Women's Enrichment Symposium Registration Form

College Park Baptist Church, 1601 Walker Avenue, Greensboro, NC



Mail completed registration form and check to : Janet Jackson, 4306 Sunnyside Drive, Greensboro, NC 27405. Contact Janet at 336-375-6718 (e) or Terry Howard at 336-282-5183 (d) for additional information.

Make checks payable to ABWA Heart of the Piedmont Symposium Cost: \$20.00

Note: If you would prefer to pre-purchase raffle tickets for the Chinese Auction, you may include this payment along with your registration fee. The cost for the tickets is \$1.00 for one, \$5.00 for 6, \$10.00 for 15 and \$20.00 for 35. Your pre-purchased tickets can be picked up at the registration table.

Name: _____

Address: _____

Phone: _____ ***E-mail:*** _____

ABWA Chapter/Network: _____

Guest(s): _____
